

NeuroTrac™ PelviTone

- * Dual Channel stimulator unit designed for Pelvic Floor Exercise
- * Three custom programmes plus 9 Preset Continence prog.:
 - Pelvic Floor pain relief;
 - Urge,
 - Stress,
 - Mixed,
 - Lack of Sensitivity,
 - Pelvic Floor Work Out



NeuroTrac™ PelviTone - Programmes at glance

Programmes

	Prog No.	NAME	MODE	DESCRIPTION	TIME
Preset PelviTone Programmes	P01	Pelvic Floor Pain	Continuous	Pain relief for Vulvodynia or other diagnosed pelvic pain.	20 min
	P02	Urge Incontinence	Work/Rest	Suitable for Urge Incontinence and Bladder Prolapse.	20 min
	P03	Stress Incontinence 1	Work/Rest	Suitable for Stress Incontinence.	20 min
	P04	Stress Incontinence 2	Work/Rest	An alternative lower frequency stim. for Stress Incontinence.	20 min
	P05	Frequency / Urge 1	Work/Rest	Urge Incontinence with frequent urination during the day.	20 min
	P06	Frequency / Urge 2	Continuous	An alternative lower frequency Continuous stimulation for Stress/Urge. Suitable for stimulation of tibialis nerve.	15 min
	P07	Frequency / Urge 3	Continuous	An extended more powerful version of Programme 6, to follow up.	20 min
	P08	Lack of Sensitivity	Work/Rest	Pelvic sensitivity regaining. Even having a good muscle control over the pelvic floor, the lack of sensitivity can occur, for example after childbirth.	25 min
	P09	Pelvic Floor Work Out	Work/Rest	Well balanced programme for general pelvic work out. Suitable for entering menopause and post-menopause toning.	45 min
	P10	Building Up Endurance	Work/Rest	For a well shaped pelvic floor to improve the "hold".	20 min
	P11	Relaxing the Pelvic Muscle	Work/Rest	This programme is to help relax the pelvic muscle. It may be used where the EMG readings are high, in the region of 8 microvolts or more or when the pelvic muscle has been working hard and some fatigue may have resulted.	20 min
Custom	PC1,2,3	Custom	Work/Rest or Continuous	50-330 μ S, 2-100 Hz, up to 5 programmable time phases	1-99 min

Common pelvic Dysfunctions

Incontinence

Urinary incontinence, involuntary loss of urine from the bladder, is a problem for many people. There are two main types of urinary incontinence; stress incontinence and urge incontinence. Faecal incontinence, is not often discussed, but still a common problem. Electrical stimulation through a vaginal/anal probe is a well-tolerated treatment for urge, stress, mixed and faecal incontinence and has shown positive results in improving bladder and bowel control.

Stress incontinence

Stress incontinence is urine leakage caused by increased abdominal pressure on the bladder, such as coughing, sneezing, laughing, exercising or lifting something heavy. Stress incontinence is the most common type of incontinence and is primarily affecting women. It usually occurs when the perineal and pelvic floor muscles are weakened, for example by pregnancy, childbirth or menopause.

How the unit works

Electrical stimulation provided by PelviTone is used to treat urinary incontinence by sending a mild electric current to nerves in the lower back, tibialis nerve or in most of the cases, to the pelvic muscles using a probe.

You may be able to provide electrical stimulation therapy at home using a unit with a vaginal or anal electrode probe. Timing and duration of therapy varies. For example, your treatment may consist of 12 weeks during which you have 20-minute stimulation sessions twice a day. Please seek advice from your Doctor and Gynaecologist regarding the details of treatment.

Urge incontinence (Overactive Bladder)

Urge incontinence means a sudden, strong urge to urinate followed by an immediate bladder contraction, resulting in an involuntary leakage of urine. Both men and women can be affected, particularly the elderly. One reason for this condition can be a disruption in the part of the nervous system that controls the bladder.

Frequency

Frequent urination, more than 8 times a day.

